



HAPPY SCIENCE PENANG

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May 2017 Activities

7th May (Sunday)

2.00 pm - 3.30 pm

7th Day Gratitude Day with Master's lecture excerpt "Living the Age of the Mind"

14th May (Sunday)

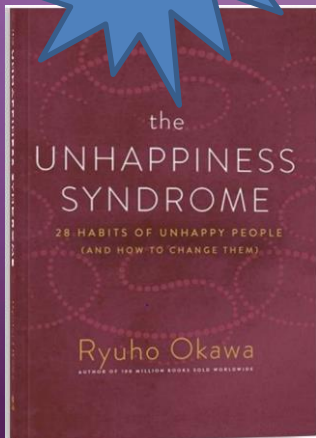
2.00 pm - 3.30 pm: Special seminar

"How to Create Spiritual Screen" by Kota Noguchi

3.30 pm: Potluck Tea Time & Networking Session

4:15 – 5:00 pm Kigan Ceremony

New



What if we have fallen in love with unhappiness? Although we all wish to be happy, many of us fall into a set pattern of failures when we find ourselves in certain circumstances. On the conscious level, we think we are earnestly seeking happiness, but unconsciously, we may be choosing the patterns of thinking and action that will eventually lead us to unhappiness. According to the author, Ryuho Okawa, surprisingly 80 to 90 percent of the people have had symptoms of the *Unhappiness Syndrome* which are patterns of thinking that invite unhappiness.

In this book, Okawa diagnoses the 28 common habits of the *Unhappiness Syndrome* and offers